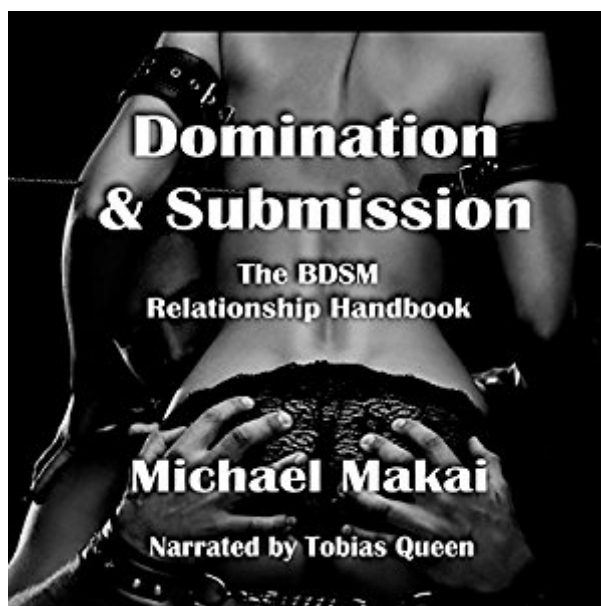


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# Domination & Submission: The BDSM Relationship Handbook



## Synopsis

The definitive handbook on Domination and Submission (D/s) relationships and the BDSM lifestyle. A must-read for anyone considering or curious about non-traditional relationships within a fetish culture context. Funny, insightful, educational, and inspiring. Author Michael Makai goes in-depth on Dominants, submissives, switches, primals, and their relationship dynamics. Learn about BDSM activities, bondage, toys, groups, protocols, and safety. This book even dares to go where others fear to tread: The Gorean subculture, online D/s and BDSM, first meetings, religion vs. kink, and what could go wrong. You'll love Michael Makai's irreverent and humorous treatment of this subject as he gives you the benefit of his 35+ years of experience in the D/s and BDSM lifestyles.

## Book Information

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## Customer Reviews

A thorough exploration of what D/s is, in what ways it differs from or overlaps BDSM, and great personal stories that really make the concepts come alive. I particularly applaud his focus on self awareness and finding your own truths. My only criticism is that I wish he made more differentiation between dominant/submissive and master/slave relationships, he seems to lump them together a bit. This is a great book for any level from beginner to experienced pros.

A must have for beginners.

I found the author was rather uninspiring but perhaps somewhat helpful to beginners interested in

the lifestyle. I trusted my gut as he recommends to do in choosing your partner by also using it to decide I really didn't like the author. I felt he was one who lived on the engine of fantasy in all aspects of his world, coupled with a unattractive grandiose and rather immature style. Today I wanted to learn more about the man and the thing is this.. Those he warns new people in the lifestyle about need to be warned that he too is one of those very same. He is nearly sixty and has been convicted and sentenced to jail for his relationship with a seventeen year old minor runaway this so called and reported as BDSM "expert" and author Michael Makai (real name Charles Michael Segaloff).

Through the years I've bought a number of books that sounded like they would be useful in learning more about the lifestyle and furthering my journey. None of them were. I bought Michael Makai's book as a Christmas present for my cherished sub. We had been to some amazing workshops Michael presented a few months ago, and I knew she would love having one of his books, if nothing else than for sentimental value. Having his book has been much more than that! We've been reading it together, and literally about every two pages we stop and talk about what he has written. Makai's genius is to be able to present an extremely thorough overview of the lifestyle. That is no small feat given the complexity and what seem like an almost infinite number of parts of the lifestyle. Beyond that, he provides amazing insight and perspective to the world of D/s BDSM and yet somehow makes the book fun and easy to read. I can't recommend this book more to anyone interested or involved in the lifestyle. Newcomers will gain an invaluable knowledge and understanding. People who have been in the lifestyle, regardless of how long, will definitely learn some things. You will gain some new perspectives and new understanding. Michael Makai's writing is just one of the many ways he gives back to the lifestyle. Every one interested in or living the lifestyle needs to read this book.

I just finished this book and I loved it. I'm just learning about the lifestyle and this book is great for beginners. It does a great job of describing and explaining the BDSM lifestyle and it gave me a lot to think about. Loved the information on keeping safe as I explore this new world and especially enjoyed the authors "two cents" at the end of each chapter.

very informative and easy to read,, helps identify what you are pretty easily.. I would definitely recommend it.. boom chaka laka boom... apparently I needed more words for this review....

I got through about 1/4 of the book before the arrogant and condescending tone drove me crazy. I gave up - YMMV.

this book covers more than just lifestyle situations and I think everyone should read this one. this is a book that not just helps you learn about you; but also gives you insight into tolerance, safety, history, religion, relationships (regular or vanilla), and perspective from an informed individual. this book is funny, sad, and sometimes even...oh shit...moments occur. I will admit that my experience is limited, and had this book been written 20 years ago, it may have saved me from myself and some disastrous decisions. there was so much to learn, I had to pace myself, so I could retain what is written within. there is a lot to learn and I urge you to take your time and truly think of what you read. I found a good cup tea went a long way when reading, because I think better when relaxed...lol I encourage everyone to journey through the pages and find some of yourself, or some of the other amazing lessons that are in these pages. I think the biggest surprise to me was all of the non-bdsm discussion..please note: there is so much more to this book than that, and it's pages will happily surprise you...as they have happily surprised me. thank you Mr. Makai, your time, energy and effort were abundantly clear within these pages. it's never easy writing and I'm certain it's even tougher exposing some of your own personal experiences. just want you to know, I appreciate all that I learned. :-)

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